



5ème EDITION DU MARATHON BE THE BEST DE COTONOU

Cotonou, le dimanche 22 février 2026

RESULTATS DES 10 KM COURSE – HOMMES

RANG	DOSSARDS	NOM ET PRENOMS	AGE	PAYS	PERF.
1	3045	JAMES GYANG GWOM	25	NG	28.54
2	3037	KOUMEHA BERNARD	18	BJ	29.21
3	3401	OUOROU SOULEMANE	25	BJ	30.52
4	3405	DJOHOUNDJO SYLVAIN	27	BJ	32.38
5	3027	S. THEODORE BIO	22	BJ	32.48
6	3013	ASSOGBA ALBAN		BJ	32.56
7	3015	ASSOGBA THIMOTHE		BJ	34.35
8	3069	YOLOU Tafa	24	BJ	38.06
9	3071	DJOLOLO CARLOS ATCHEDO	25	BJ	40.37
10	3251	MAHINOu MARCEL	30	BJ	41.54
11	3017	DORE BONI Y. LAMBERT		BJ	41.55
12	3023	KOTTIN SEVERIN	33	BJ	42.55
13	3279	HUTTON WILLIAM			43.43
14	3127	IMOROU SANDA ABDEL-AZIZ	30	BJ	43.43
15	3067	ELLA SABI	28	BJ	45.48
16	3011	GANYE ALAIN		BJ	46.29
17	3065	ATINDEKOU PIGUESTA EDMOND	28	BJ	46.29
18	3081	HOUNKPATIN CARMEL	27		46.55
19	3223	SAIZONOU ODILON			47.25
20	3005	SOHOUNDE CHARLIS	19	BJ	47.31
21	3079	ZAMBA ALAIN		BJ	47.32
22	3327	SOSSA PATRICK CHARLES		BJ	47.33
23	3047	JUSTIN HOUEDANOU	29	BJ	47.36
24	3273	N'DERI JONAS			47.33
25	3301	MICHODJENOU CYRILLE	28	BJ	48.01
26	3073	SABI DEROU BIO GANI ALASSAN	34	BJ	48.08
27	3229	DAKOU TELESPHORE	32	BJ	48.18
28	3141	ADJAHOTO IRENEE	29	BJ	48.30
29	3003	ABDUL-HAQQ YAROU-TANGA	32	BJ	48.40
30	3295	AMOUSSOU LUC	29	BJ	48.45
31	3131	KAMEKPO OLIVIER	27	BJ	49.21
32	3125	HOUNNONGANDJI JEAN ARMAND	39	BJ	49.25
33	3029	ZEYU LIU	34	CN	49.34
34	3135	OUSSOU FRANCK	25	BJ	49.43
35	3001	MICHEL SEIBRIGER	30	DE	50.23
36	3409	GUEDENON ROMUALD		BJ	50.34
37	3139	KOBA ARNAUD	26	BJ	50.42
38	3095	MENAÏ FAVIDE	34		50.48

39	3267	LASSE SKAKSEN			50.51
40	3163	ATINDEHOU RICHARD	28	BJ	51.04
41	3133	ODOUIRAN ANICET	22	BJ	51.20
42	3167	AHONONGA REGIS		BJ	51.37
43	3051	LIONEL SOHOUDJI	41	BJ	51.47
44	3033	CHILLET MARC	59	FR	51.54
45	3285	AGASSOUSSI HERMAN		BJ	52.06
46	3143	ABIKOU FLORENT	34	BJ	52.16
47	3117	BALOGOUN KOTCHOFFA ADJAKOU B. D.	34	BJ	52.22
48	3025	JOERG PREUSS	59	DE	52.25
49	3297	DOSSA FABRICE	28	BJ	53.10
50	3153	BELLO RAIMI	30	BJ	53.14
51	3053	MARTIN FRANÇOIS	21	BE	53.15
52	3109	BADET YESSI FABRICE CHRIS	26	BJ	53.28
53	3333	EHI-OLOU IBRAHIM		BJ	53.33
54	3043	ALEXANDRU VOLOSIN	46	MD	53.34
55	3031	REGIS DUPONT	35	BE	53.40
56	3175	BOKPE MAHOUDJRO CONSTANTIN	20	BJ	53.53
57	3299	AFFANOU GUILLAUME	26	BJ	54.32
58	3121	DOSSOU DUMONCEL	40	BJ	54.35
59	3231	HOUNYEME PASCAL	40	BJ	54.38
60	3159	MAKPENON HINTCHESSOU SAMPSON	35	BJ	55.48
61	3177	ADANGO AGOSSOU THIERRY	19	BJ	56.10
62	3161	SEMASSOU JOEL	31	BJ	56.11
63	3063	VINWANOU WINSOU IGOR	22	BJ	56.36
64	3323	LUIS TEIXEIRA	53	FR	57.08
65	3115	FREDERIC COUMAILLEAU	40	FR	57.55
66	3263	FIDELE DOSSOU			58.51
67	3203	AKPETE VIGNON TRESOR MIDAS V.		BJ	59.47
68	3119	HOUNDETOUNGAN ZINSA DAMIEN	29	BJ	1.01.37
69	3157	KINHOUANDE ROMEO	25	BJ	1.03.16
70	3303	GNANVI KARL	34	BJ	1.05.17
71	3179	BABA SOGNINOU SILVANO	21	BJ	1.06.29
72	3289	OROU GBERA MIKAEL		BJ	1.07.10
73	3155	HOUNHOUENOU ABEL	31	BJ	1.07.24
74	3403	GAUTIER SIMON NATHAN	29	BJ	1.07.27
75	3293	HOUNDJO D. KEVIN	28	BJ	1.09.16
76	3113	RANDRIANOELINA NY LAZA ALEXIAS	48	BJ	1.09.38
77	3355	GOMEZ LIONEL	34	BJ	1.10.54
78	3329	ISSIAKOU ADAM		BJ	1.11.04
79	3039	BRIDIER DAVID	52	FR	1.13.13
80	3007	JUAN LUIS BARBOLLA CASAS	51	ES	1.13.33
81	3235	BEREBERE AYOUBA	34	BJ	1.13.37
82	3191	KOUGNANDE TIMOTHE	24	BJ	1.14.03
83	3097	FRESSINAUD ALEXIS	28		1.16.28
84	3035	JOB CHRISTOPHE	56	FR	1.16.59

85	3255	KPONA DANIEL	25	TG	1.17.34
86	3257	GHERDA ABDERRAHIM	44	MA	1.17.36
87	3207	DJIDONOU RICHARD		BJ	1.18.34
88	3169	HOUNGAN MICHAEL		BJ	1.21.40
89	3137	KEDE RAOUL	34	BJ	1.23.23
90	3271	SAMBIENI JEACQUES			1.25.53
91	3265	THIERRY ADINDJE			1.27.41
92	3181	BODJRENOU MAHUGNON ROMUALD	21	BJ	1.29.22
93	3341	WARIS KOUDAKPO		BJ	1.32.49
94	3049	BRICE HOUETO	49	BJ	1.33.19
95	3107	SOGLOGBE FIRMIN	35		1.34.22
96	3253	FATOLOU PIERRE	22	BJ	1.36.18
97	3075	HOUEKIN N. CASIMIR	44	BJ	1.38.22
98	3407	BATEY BROCK ARTHUR	25	BJ	1.40.16
99	3349	AMOUSSOU ODILON EZEKIEL		BJ	1.41.38
100	3149	HOUNDI DEO GRATIAS CARLENCIO E.	24	BJ	1.41.40
101	3281	AGUIA ISMAËL	32	BJ	1.43.22
102	3111	HOUNOU FRIDAOUS	23	BJ	1.45.47
103	3283	BALA FADIL	32	BJ	1.46.51
104	3211	M'PO JEAN-MARIE		BJ	1.48.12
105	3351	GODONOU ALBAN SENANKPON M.	25	BJ	1.49.38
107	3227			BJ	1.51.12
108	3269	HONHE THIERRY			1.52.37
109	3353	ADEDODJA KARL	39	BJ	1.54.08
110	3335	ETCHO HOPE		BJ	1.55.15
111	3205	BINAZON GAETAN WILFRID		BJ	1.57.04
DNS	3261	SIDOINE BOKPE			1.59.26
DNS	3009	AZONHIN SYLVAIN		BJ	DNS
DNS	3019	ABRAHAM LAZARE AKAKPO	16	TG	DNS
DNS	3021	FRANCIS ANDRIANARISON	59	BJ	DNS
DNS	3041	KOUNDE CELESTIN	40	BJ	DNS
DNS	3055	LOUIS DE CASTELBAJAC	35	FR	DNS
DNS	3057	SUANON KORA ABDOU RAFIOU	33	BJ	DNS
DNS	3059	GBAHOUNGBALA EPIPHANE	37	BJ	DNS
DNS	3077	DEFALEONA AIME	26	BJ	DNS
DNS	3083	GOZO JEAN-CLAUDE	40		DNS
DNS	3085	KOUAGOU EVRARD	40		DNS
DNS	3087	AGBODJAKIN Y ALBAN	37		DNS
DNS	3089	KODJOVI ANSELME	33		DNS
DNS	3091	DOGBOVI MATHIEU	32		DNS
DNS	3093	DJEKPON PRUDENCE	29		DNS
DNS	3099	KOUDOGBE ALEXANDRE	30		DNS
DNS	3101	ZOCLANCLOUNON COSME	36		DNS
DNS	3103	TCHEOU NESTOR	32		DNS
DNS	3105	AMEGANVI GASTON	38		DNS
DNS	3123	HOUNTON VALENTIN	38	BJ	DNS

DNS	3129	DJIDONOU RICHARD	33	BJ	DNS
DNS	3145	ZOUMABE ROMAIN	27	BJ	DNS
DNS	3147	SOGBOSI G. ELLIOTH	29	BJ	DNS
DNS	3151	SEKO OSSINRA ALPHONSE	43	BJ	DNS
DNS	3165	ZOUMEGNON SERGE	36	BJ	DNS
DNS	3171	SOUROU LOICK		BJ	DNS
DNS	3173	SOKOU TONAMON ANGE-MICHELLE		BJ	DNS
DNS	3183	ATCHEDO M. MADOCHE	19	BJ	DNS
DNS	3185	AHIDAZAN KOFFI DAGBE BRIANDO	19	BJ	DNS
DNS	3187	ADJAKOSSA ARSENE		BJ	DNS
DNS	3189	ADDRA ACHILLE		BJ	DNS
DNS	3193	KITI JORIS		BJ	DNS
DNS	3195	QUENUM DARREN ULRICH	20	BJ	DNS
DNS	3197	SOTON ANGE-ORION	19	BJ	DNS
DNS	3199	MIDETE AYO MEBABEL		BJ	DNS
DNS	3201	AKONDE NATHANEL GUIGONOU		BJ	DNS
DNS	3209	KOUDOKPODE SENAKPON VALERE		BJ	DNS
DNS	3213	N'DAH SEKO JACQUES	23	BJ	DNS
DNS	3215	SABI KARIM KABIROU		BJ	DNS
DNS	3217	SOGNON-DES BIENVENU		BJ	DNS
DNS	3219	OSSOU OLUWACHEOUN JOËL	34	BJ	DNS
DNS	3221				DNS
DNS	3225	OLAMIDE WARIS		BJ	DNS
DNS	3233	ADINGNI EDMOND	27	BJ	DNS
DNS	3237	TOULASSI GILCHRIST	26	BJ	DNS
DNS	3239	MORA BIENVENU	42	BJ	DNS
DNS	3241	HOUNGUE ROMEO	33	BJ	DNS
DNS	3243	GNAHO YARI SA-SIARA HAMDY	30	BJ	DNS
DNS	3245	EGBEDAMOU THEOPHILE G.	25	BJ	DNS
DNS	3247	NANTEKOUA MAHOU	25	BJ	DNS
DNS	3249				DNS
DNS	3259	ARAGAH MARCEL	26	TG	DNS
DNS	3275	GUEDENON ROMUALD		BJ	DNS
DNS	3277	SEWADE GERMAIN		BJ	DNS
DNS	3287	DONOU MASSOU JUNIOR		BJ	DNS
DNS	3291	BOKPE CASMIR	30	BJ	DNS
DNS	3305	ZANNOU T ELYSEE	33	BJ	DNS
DNS	3307	TOYIDJIGLA MATHIAS	28	BJ	DNS
DNS	3309	HOUNKENOU JUNIOR	22	BJ	DNS
DNS	3311	ADJAGNISSODE STANISLAS	24	BJ	DNS
DNS	3313	KPODAGBAME MARC	24	BJ	DNS
DNS	3315	TOYIN SURU	38	BJ	DNS
DNS	3317	AHONSOU DANIEL	33	BJ	DNS
DNS	3319	ASSOGBA JEAN	25	BJ	DNS
DNS	3321	DEGOLLE AUBIN	33	BJ	DNS
DNS	3325	LONTCHEDJI JOANAN		BJ	DNS

DNS	3331	RUDY GOUNOU		BJ	DNS
DNS	3337	GHERIEL AHIDE		BJ	DNS
DNS	3339	GODFREEC GOVOECHAN		BJ	DNS
DNS	3343	DEGBEY GISCARD		BJ	DNS
DNS	3345	AHONKLOO KOFFI THIERRY		BJ	DNS
DNS	3347	AKIYO JONATHAN BIYAWOU		BJ	DNS
DNS	3061	ADJIBOGOUN SAMSON CARLOS G.	26	BJ	DNS

DNS : Do Not See (Non vu au départ)

DNF : Do Not Found (Arrivée après la désactivation ou Abandon)

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